



Dragonfly Dance
Student Showcase 2025

DANCEFLIX

A salute to iconic TV themes

Performer Guide

Welcome to your **Student Showcase 2025 Performer's Guide**! Inside, you'll find everything you need to get stage-ready—from hair and makeup to tights, shoes, costumes, and details of costume call week, dress rehearsal and performance. This guide is designed to help you feel confident and prepared as we count down to our big performance on **Saturday 1 November**.

Please take the time to read through the details carefully, so you know exactly what's needed.

This document may be updated and amended in the leadup to the show as things progress, so make sure you keep an eye on your email inbox with Performer Updates so you know when new information is available, or anything changes.

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Section 1: Information and Communication

Where to find information

Performer information

You can find all information that has been shared about the **Showcase on our website** at www.dragonflydance.com.au/showcase2025-performers

Regular Performer Updates will be sent via email, which will be

- published on the Performer Webpage and
- shared in the Dragonfly Dance closed Facebook group (www.facebook.com/groups/dragonflydanceadl)

Audience information

Information for the audience is available on our website at www.dragonflydance.com.au/showcase2025, including the link to buy tickets

Tickets

Tickets are sold online through Trybooking
<https://www.trybooking.com/events/landing/1474633>

Tickets will be available for sale up until the performance.

We strongly recommend everyone purchases tickets in advance as we are likely to sell out given the number of performers in the showcase.

Social media

You are welcome to share photos and videos from the dress rehearsal and theatre on social media:

- tag @dragonflydanceadl for all posts
- use #DragonflyDanceflix
- ensure you have permission from anyone in your photos or videos to have their image shared on social media
- check any photos or videos to ensure there is nothing in the background that shouldn't be shared (eg someone getting changed)
- if sharing any photos from Dragonfly Dance, acknowledge the photographer Kevin Taylor and that the image is courtesy of Dragonfly Dance

Section 2: Professional stage appearance

Although we are a community of recreational dancers, our showcase is produced to a professional standard. To achieve this, there are clear requirements that go beyond costumes. There are requirements relating to your appearance that go beyond the costume you wear, and include:

- tights
- shoes
- underwear
- hair
- makeup
- jewellery
- nails
- tattoos.

Please pay close attention to these requirements, as they are not just 'tips'. They are requirements that ensure a cohesive, polished look on stage and uphold the professional quality of the production.

We have standard specifications for each dance style, which you can read below. There will be some exceptions to these as required by the teacher's vision for your dance, which will be published as soon as the teachers have finalised their requirements. These are due to be submitted by teachers by 8 October.

Costume call week

The week before the Dress Rehearsal (Monday 13 to Saturday 18 October) is **Costume Call Week**.

During this week, please bring your full costume to class. The purpose is to make sure everything is ready ahead of the Dress Rehearsal. This includes:

- All costume pieces and accessories (such as hair pieces)
- Correct tights and shoes
- Suitable underwear (nothing visible, such as bra straps)

Costume Call Week also gives you the chance to rehearse your dance in costume. This extra run-through—on top of the Dress Rehearsal—helps you feel more comfortable in your costume and supports a stronger performance. It also allows teachers and staff to identify and resolve any costume issues before the show.

Note: You do not need to have your hair or makeup done for Costume Call Week.

Foot wear

- As with tights, there are standard shoe types and colours generally used for each dance style.
- The colour may depend on the rest of your costume, but in general we aim to keep shoes fairly standard colours (eg pink for ballet, black or tan for jazz, black for tap, tan for contemporary)
- The shoe standards aim to avoid dancers needing to spend additional money of multiple pairs of shoes, and to minimise changes required given the often short timeframes to change costumes for dancers in more than one dance.

Dance style	Shoe type	Colour
Ballet	Canvas or leather Single wide elastic strap or two cross elastics (no ribbon) Pointe for pointe shoes with ribbons	Pink (unless you have darker skin tone and have chosen tights to match your skin, in which case your shoe should match your tights or you can apply pancake makeup to the shoes to change the colour).
Jazz	Jazz shoe (not jazz sneaker, but any jazz shoe is fine)	Black for most classes (check Class Specific Guidelines)
Tap	Tap shoes (Mary Janes or laced)	Black
Contemporary	Ballet or jazz or contemporary canvas or leather eclipse (see image below) or 'foot undies' which provide a pad underneath the ball of your foot, and stretchy material around your toes	Tan / skintone to match tights



Leg wear

- If you are wearing **long pants or leggings**, you should wear socks that match your shoes. The length of the socks should be sufficient that bare skin will not be seen between the shoe and leg wear.
- If you are wearing **a costume that shows your legs** (eg skirt/tutu), you will wear tights.

Tights

Colour	To ensure a polished and consistent look on stage, we specify the colour of tights so that dancers with multiple quick changes don't need to switch between pairs, the variations in shade are minimised. See table below for colours for each dance style. Note: Those with darker skin tones can choose tights and shoes that match their skin.
Foot	Unless dancing in bare feet, tights should be footed or convertible. If dancing in bare feet, tights should have stirrups.
Condition	Tights should be free of holes or ladders and not be faded or too thin Tips to deal with snags and runs in tights: - Bring a second pair of tights just in case - Bring clear nail varnish and/or hair spray to stop any small snags or ladders becoming bigger

Colour

Ballet Flesh pink (not theatrical pink) Darker skin tones can match tights to skin tone if preferred Tip: Snag tights have a good range of colours – see online suppliers below)	Contemporary Flesh coloured Matt finish (not sparkly)
Jazz and Tap Depending on costume and shoes: - Flesh coloured (if you are wearing flesh coloured shoes) - Black fishnets (if you are wearing black shoes). You can wear flesh coloured tights under the fishnets if that is more comfortable for you - Black opaque tights if wearing black shoes	
 Black  Flesh Pink  Skin Tone  Sun Tan  Theatrical Pink	

Purchasing tights

Recommended brand

We generally recommend the brand Fiesta tights, Matt Microbasics, and range between \$14.95 and \$18.95, which are generally available from the suppliers below.

If the size and skin colour is not available in Fiesta tights, you can choose another brand, but ensure it matches the Fiesta Flesh Pink colour.

Fishnets can be purchased from the suppliers listed below, or from your local supermarket or hosiery supplier, and can be any brand.

Where to purchase

Online	Energetiks www.energetiks.com.au Bloch www.bloch.com.au Capezio www.capezio.au Snag www.snagtights.com.au/collections/dance-tights (these are great for a larger range of sizes and colours to match various skin tones)
In person purchase	Fusion Dancewear 296 Brighton Road, North Brighton phone 8296 9292 The Stage Shop 55 Sir Donald Bradman Drive, Mile End phone 8231 9554 email hello@thestageshop.com.au website www.thestageshop.com.au Dance FX Shop 2/227 Unley Road, Malvern, phone: 0434 468 665 Shop 4/650 North East Road, Holden Hill, phone: 8266 0666 Email: info@dancefx.com.au website: www.dancefx.com.au Dance Zone 7/88 Glynburn Road, Hectorville Phone: 8337 6737 website: www.dancezoneaustralia.com Razzle Dazzle Shop 1, 364 Main South Road, Morphett Vale phone: 8326 9799 website: www.razzledazzledancewear.com.au

Underwear

You don't have to wear specific underwear, but the idea is to ensure it is not visible, and provides appropriate support.

Underwear type	Type	Colour
Bra or body stocking	Depends on your costume. Choose a bra style where straps are not visible, which may mean a racerback, crossed straps or strapless. Do not wear clear plastic straps if they are at all visible as these catch the light and are more obvious than skintone.	Either skintone, or the same colour as your top (eg black bra will work with a black top)
Underpants (most relevant for skirts)	Generally low cut legs and high waisted (unless you are wearing a high cut leotard, in which case we recommend no underwear)	If skirt flairs out and underwear may be seen, ensure it matches your skirt. Otherwise, either skin tone or the same colour as your skirt. Wear over tights (although you may also like to wear a pair under your tights)

Hair

For all dance styles, please ensure you spray with plenty of hair spray to keep it neat, prevent fuzz and wispy bits.

You are required to wear your hair as you will for the performance for the Dress Rehearsal. If you are wearing a hat or headpiece, it is advisable to also have your hair performance ready Costume Call week.

Ballet

Low bun (unless a higher bun is required to suit your hair piece) with no fringe.

Long hair

- Create an easy bun with long hair by twisting it and wrapping it around your elastic and securing with bobby pins
- Use a 'bun donut' to create fullness
- Hair nets can also help keep your bun neat and secure.

Short hair:

- Ensure hair is neatly off your face, using bobby pins and hair spray or gel.
- You can also attach a bun donut to create a fake bun.

Bun donuts

- Purchase from supermarket, chemist, or dance supply shop
- Shaped like a donut, you feed your pony tail through the donut, then spread out to cover the donut and secure with bobby pins Check out [this tutorial](#) for a step-by-step guide)

Jazz, Tap, and Contemporary

For jazz, tap, and contemporary, there's room for personal flair!

Hair will need to be neat and off your face, and you should feel comfortable and confident onstage, and not be distracted by your hair. For example, if you have a fringe you are more likely to unconsciously push it off your face, which detracts from the performance, and affect your concentration.

If your teacher has not specified a specific hair style, you have more freedom to choose how you wear your hair. Examples include:

- Pony tail – centre back, side, high, low, or half pony tail
- Braids – central braid, side braids

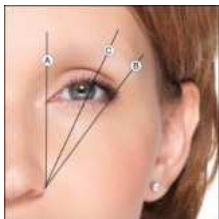
Makeup

Stage makeup is required for all dancers (male dancers have more neutral colours and heavier eyebrows).

Stage makeup is different to street makeup. It needs to make your eyes look a lot bigger so that you don't look washed out on stage.

When stage makeup is required:

- required the dress rehearsal and performance.
- not required for Costume Call Week or the theatre rehearsal on the afternoon of Performance Day.

Skin	Foundation that matches your skin Feel free to use bronzer and/or highlighter to contour your face
Eyelid and brow bone	• Dust the whole lid with a fairly light coloured shadow • Blend a highlight (very pale) into the inner corners of the eye and just under the brow from the arch (outside edge) • Apply a dark colour into the crease and blend
Lashes and eyeliner	• Apply a dark colour to the upper and lower lash lines (no further than halfway in from the outer edge from the lower lash line) • Use a dark eyeliner (preferably liquid) to the upper lash line, and wing them (extend beyond the outside edge of the eye) to make your eyes look bigger • Apply dark eyeliner under the eyes as well, winging them out, and aiming to leave a space between the eyeliner and the lower lashline • White liquid eyeliner above the dark lower lash line can make eyes appear larger (this may not be suitable for older eyes) • Apply mascara to the lashes (preferably an extending mascara) or apply false eye lashes
Eyebrows 	• Use a pencil or brow brush to darken your eyebrows • Use your pencil or brush to find the three points shown in the image below, which tells you the length and height of your brow • Here is a good description of how to get your eyebrows just right https://www.headcovers.com/resources/beauty/how-to-draw-eyebrows/
Cheeks and lips	• Apply blush across cheekbones • Apply a bright lipstick (red works well under stage lights)

Makeup tips

- Watch the following tutorial <https://www.youtube.com/watch?v=HYc85V4dOrM>
- If you are sharing makeup with others, be sure to use separate applicators (ie do not share applicators to avoid any infection).
- If you are not confident with makeup (or don't own any), let us know as we may be able to match you up with someone who can help you.

Nails, jewellery and tattoos

Nail polish	Please remove any chipped or brightly coloured nail polish (shellac or false nails are okay, as we recognise you will have paid money for these, but please ensure they are in a neutral tone, rather than a bright colour that will draw attention) Nail polish on your toes is fine as long as you are wearing shoes
Jewellery	Please remove jewellery unless it is part of your costume. This includes rings, earrings, necklaces, watches, and bracelets. If you have piercings that are difficult to remove, that is okay. You can leave them in or cover them with a skin tone bandaid. We want to minimise jewellery as it catches the stage lights and can be problematic
Tattoos	If you have tattoos, that is okay. As we value individuality at Dragonfly Dance, we don't require you to cover them up unless they are large or incongruous with the costume or dance. Check with your teacher.

Useful things to pack

It's helpful to put together a performance kit that you can bring to both dress rehearsal and performance day, including:

Costume

- Tights
- Shoes
- Underwear
- Hair pieces / accessories
- Safety pins of various sizes

Repairs and first aid

- Clear nail varnish (for repairs to tights)
- Needle and thread
- Band aids
- Panadol

Refreshments / Sustenance

- Water
- Snacks (and dinner for performance day)

Hair and makeup and personal items

- Bobby pins
- Hair spray
- Brush and/or comb
- Makeup and makeup brushes
- Makeup remover (especially for your eyes in case you make a mistake or smudge it)
- Tissues
- Cotton balls and cotton buds
- Portable mirror (for makeup and hair touch ups)
- Deodorant
- Tampons
- Phone charger

Class specific guidelines

This section will be **updated after 8 October** when teachers have submitted all the details of their costuming and technical requirements.

Section 3: Dress rehearsal

This dress rehearsal is your opportunity to feel confident and prepared for the performance day. It is also essential for the backstage team. Please take the time to read through these instructions so you can be ready for the day.

Venue

The dress rehearsal is at **Dragonfly Dance Studio**, 80 Anzac Highway, Everard Park.

Parking

Limited parking	Our studio's car park has limited spaces, so we encourage carpooling to help manage parking.
Carpooling suggestions	Meet at a nearby location like a supermarket carpark and drive in together if possible.
Plan ahead	Arrive early enough to find alternative parking if the studio carpark is full.
Drop-off option	If you can, arrange to be dropped off and picked up to avoid parking hassles.

Schedule for the day

Dress Rehearsal Day call sheet	The dress rehearsal runs from 1pm to 5pm • Arrive by 12.45pm to be ready to start at 1pm. • Refer to the Call Sheet (end of the dress rehearsal section) which gives details on what happens when.
Be on time	Please arrive 15 minutes before the dress rehearsal is scheduled to start. It starts at 1pm, so you need to arrive by 12.45pm.
Check-in	Upon arrival, check in with the person on reception to confirm your presence and they will advise you where to go.

Costumes

Costume check	Bring your complete costume to the dress rehearsal, including all accessories, tights, underwear, and shoes. Hair and full stage makeup are also required
Label your costumes	Make sure every costume piece is labelled with your name to avoid misplacement.
Use costume bags	Consider using a costume bag to keep everything organised and protected. You can buy these from a dancewear supplier.
Hanging space	• We do not have much space to hang costumes. If you have a transportable hanging rail, please bring it with you. • Do not use other dancers' clothes rack without asking permission

Warm-Up

Warm up before you dance	Please ensure you warm up your body appropriately before you dance in the rehearsal
Where to warmup	You can warm up in the usual warm up area, the foyer, or studio 2
What to do in a warm up	The objective is to get the blood flowing, the heart rate up, the muscles warm, and the joints lubricated. Perform dynamic movements and stretches (ones that move gently to the end of your range of motion, rather than ones that are held or extreme) Move all major joints (again, gently through your range of motion), such as neck, shoulders, spine, hips, feet) Dynamic stretches of major muscle groups in legs, arms, and torso

Crew

Dress rehearsal is just as important for the crew as it is for performers – they need to practice as well. This is the time for everyone to practice their roles, so please be patient and flexible. The table below is a list of the crew members for both dress rehearsal and performance day.

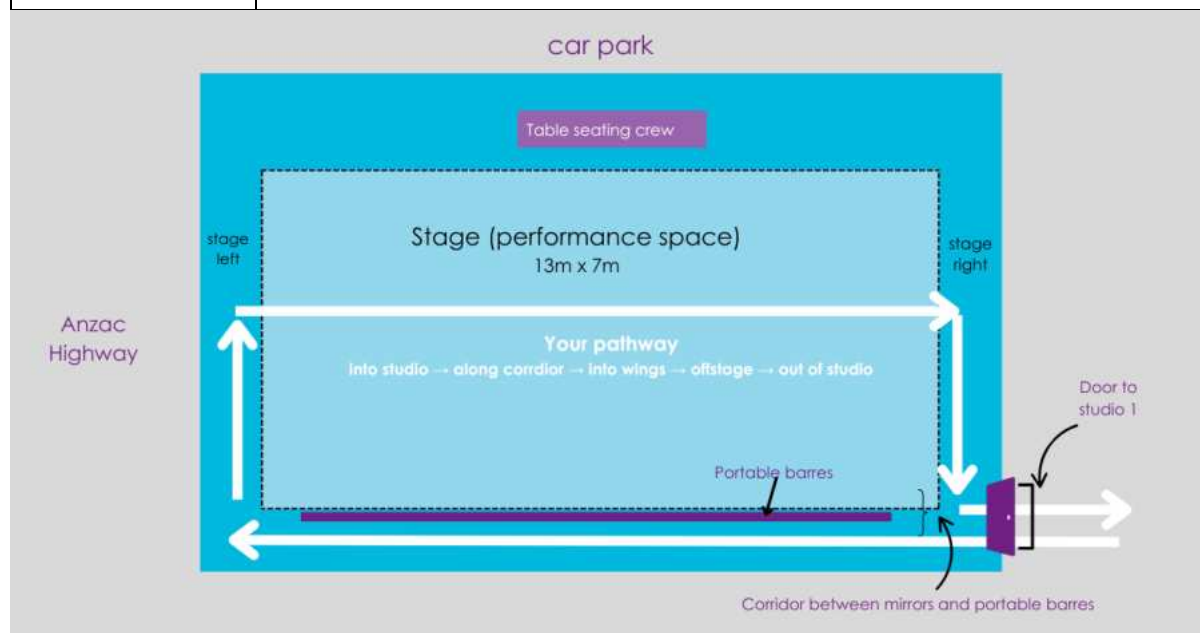
Project Coordinator and Stage Manager		Jo McDonald
Assistant Stage Managers:	Stage left	Natalie Papps (helping dancers enter the stage)
	Stage right	Krystal Venables (helping dancers exit the stage)
Sound Operator		John O'Neil
Backstage Coordinator		Owen Masson Gray
Photographer		Kevin Taylor
Social media		Cathy Chittleborough
Other backstage team members		Teachers and volunteers
Front of House Coordinator		Cathy Chittleborough

Rehearsal spaces

Rehearsal venue	Dragonfly Dance Studio, 80 Anzac Highway, Everard Park
Performance space	Studio 1 will be setup and marked out with the stage dimensions and will be where you will 'perform' your dance You will perform facing the windows (away from the mirrors)
Changing areas	Studio 2 will serve as a changing room You can also get changed in private in one of the toilets One of the large toilets will be designated as a men's dressing room. It will be clearly labelled on the day.
Practice areas	You can practice in Studio 2 or the foyer

Entering the performance space

Performance space setup	- You will perform facing away from the mirrors (facing the carpark). This is to simulate what it is like to be in the theatre where you cannot see mirrors. - The portable barres will be parallel to the mirrors with enough space between barres and mirrors for you to walk to the other side of the studio. - The studio floor will be marked out with the same dimensions as the stage at the theatre.
Entering	- You will enter through the door to Studio, then walk behind the barres to the Anzac Highway end of the studio. - This puts you on 'stage left' (your left when facing the audience) which is where you will enter the stage. - If your dance has been choreographed for you to enter Stage Right (to your right when facing audience) you will stay on that side.
Exiting	You will exit Stage Right, and then leave the studio through the door
Timing	- Two dances before your group is due to perform, you will be called up to wait in a line (in order of your stage entrance) outside the studio door - One dance before your group is due to perform, you will enter the studio and move into the place you need to enter the stage, so that you are ready to go onstage as soon as the previous group exits. - You will exit the studio as soon as you have finished your dance.



Setup of performance space for dress rehearsal, and dancers' pathway from entering to exiting the studio.

Rehearsal etiquette

Dress rehearsal is not just a practice for you as a performer, but also for the backstage crew, sound, and stage managers. To ensure everything runs smoothly, it's important to maintain professionalism and focus throughout the rehearsal. Here are some key points to follow:

Respect the schedule	• Be on time and ready for your rehearsal slot. • Pay attention to when it is time for your group to get ready to dance. • This helps the entire process stay on track and shows respect for everyone's time.
Listen to the crew	• Listen to those who are running the rehearsal (this include the stage manager (Jo) and assistant stage manager (TBC) in studio 1, and the backstage coordinator (Owen) and helpers in the other areas of the studio. • There will be a lot going on, and we need people to be ready to listen. Please stop personal conversations when information is being given.
Be prepared and organised	• Know your entrances, exits, and cues. • Keep your costumes, props, and personal items neatly organised in your designated space so you can easily access them when needed. • Do not use other dancers' clothes racks without asking permission first
Stay focused and professional	• Treat this dress rehearsal as if it were the actual performance. • Practice with the same level of energy, precision, and stage presence you will bring to the final show.
Help others where needed	• If you see a fellow performer struggling with something like costume changes or makeup, and you can assist without disrupting your own preparation, offer a helping hand.
Use waiting time wisely	• If you have a gap in your rehearsal time, use it to review your choreography, work on your technique, or rehearse in Studio 2 or the foyer. • Avoid being idle or distracting others.
Keep a positive attitude	• Be patient and flexible. • Delays or changes may happen, and a calm, positive attitude will help everyone remain focused and productive. • Treat your fellow performers, crew, and volunteers with respect and kindness.

Rehearsal Day Call Sheet

A 'call sheet' is a document that outlines the running order for the day, the schedule, and who is required at what times.

Note: The call sheet is a guide, and there may be adjustments on the day as more details are finalised.

The idea of the full run through is to run the show as we would during the performance, but at times, dancers may be asked to repeat a dance if there are issues around entrance, exit, spacing, etc.

Start time	Duration (minutes)	Activity	Who is required
12pm		Studio opens	Crew -Stage Manager, Assistant Stage Manager, Sound Operator, Backstage Manager, Backstage Assistants Teachers
12.30pm	15	Setup and crew/teachers huddle	Crew and teachers
12.45pm			Dancers arrive
1.00pm	10	Pre-rehearsal huddle	Everyone (Crew, teachers, choreographers, dancers)
1.10pm	20	Change into costumes	All dancers
1.30pm	150 (2.5 hrs)	Run through the show	Everyone
4.00pm	15	Break	
4.15pm	30	Practice final bow	Everyone
4.45pm	15	Wrap up	Everyone
5.00pm	30	Packup	Everyone
5.30pm		Studio closes	

Section 4: Performance day

Venue

The performance will be held at the Brighton Theatre, inside the grounds of Brighton Secondary School, 305 Brighton Road, North Brighton.

The map below shows the location of Brighton Theatre in relation to the school and surrounding roads.



Parking

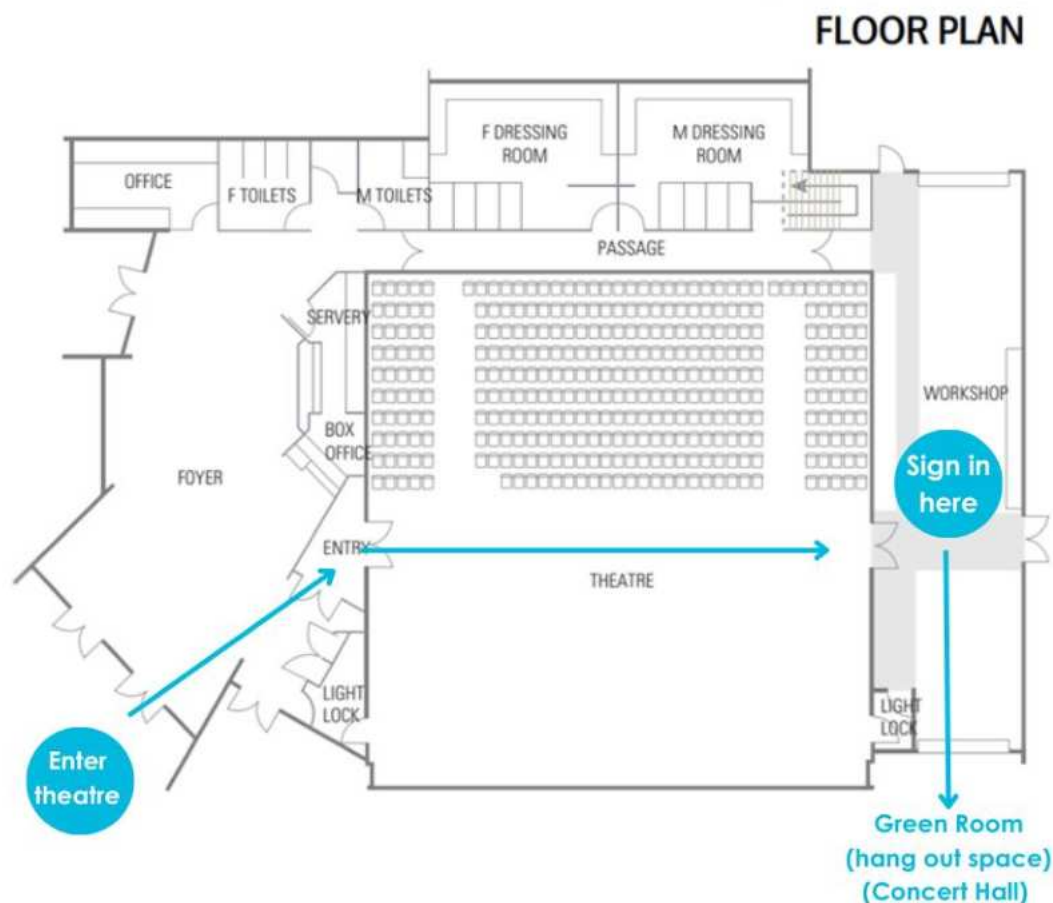
- We have 162 dancers, and there will be 331 audience members, and the parking capacity at Brighton Secondary School is insufficient.
- If possible, we recommend you are dropped off, or car pool with other dancers.
- On Saturdays, I've been advised by City of Holdfast Bay that parking restrictions do not apply on Saturdays, so there is plenty of parking on nearby streets. Do make sure you read all parking signs though before leaving your car.

Schedule

Performance Day call sheet	Theatre rehearsal • runs from 2pm to 5.15pm • Dancers must arrive at the theatre by 1.45pm so you are settled and ready for the cast warmup at 2pm. Break • There is a 45 minute meal break from 5.15 to 6pm • Dancers need to be backstage at 6pm to be ready for the show to start (and to ensure you are not outside when the audience starts arriving) Performance • starts at 7pm sharp, and will end around 9.30pm/10pm Performance day call sheet • Refer to the Call Sheet (end of this section) which gives details on what happens when.
Be on time	Please arrive at least 15 minutes before the cast warmup is scheduled to start. It starts at 1pm, so you need to arrive by 12.45pm.
Check-in	Upon arrival, check in with the person on reception to confirm your presence and they will advise you where to go.

Arrival at the theatre

Theatre access	We have access to the theatre from 1pm, but dancers aren't required to arrive until 1.45pm
What to do on arrival	Enter the foyer, go through the auditorium, and checkin with our Backstage Team (see floor plan below). They will direct you where to go
Green Room	The main space for dancers during the theatre rehearsal and performance is the Concert Hall, which acts as a Green Room (hang out space for performers).
Dressing rooms	Dressing room space is limited. As such, the dressing rooms will be prioritized for those dancers who are in three or more dances.
Makeup	Ideally, come with your hair and make already done as there are limited mirrors and spaces for doing hair and makeup



Costumes at the venue

Responsibility for your belongings

- We recommend you label your items in case something goes missing.
- You are responsible for ensuring you collect and remove your items at the end of the dress rehearsal and performance.

Costume hanging

- There is nowhere at the theatre to hang costumes.
- Some dancers bring their own portable hanging racks.
- We recommend that you either bring your own rack or to share a rack with others in your class. If you bring a rack, we recommend you label it with your name and class. You are responsible for remembering to take the rack with you after the dress rehearsal or theatre.
- Portable hanging racks are quite portable and affordable, and can be purchased from places like Kmart and Big W.
- **Please do not hang your costumes on a rack unless you have first asked permission.**

Quick costume changes

- If you have to change costumes between dances in the same section, you may need to do a side stage change. This means bringing your second costume (including accessories) with you.
- Make sure you have organised for someone to help you with your costume change. Ideally, you will choose someone who is not in your group help you.
- On the day, speak with the Stage Manager or Assistant Stage Manager about where to place your costume items for a quick change.

Warmup

- A full cast warmup will be held before the theatre rehearsal for 20 minutes from 2-2.20pm, prior to getting into costumes and starting the full run through
- Wear exercise/dance wear for the warmup (not your costume)
- Due to the large cast size, there will be two to three groups for the warmup, located on the stage, foyer, and concert hall.
- The warmup will prepare your body for the performance.

Tips for the day – looking after yourself

Performance Day is quite a long day, starting with the theatre rehearsal in early afternoon and ending in the late evening. Here is information that will help you prepare:

Meals	We recommend bringing food as there are limited opportunities to go out and buy food. • Bring dinners and snacks and make sure you eat lunch beforehand • Dinner should either not require heating or refrigeration, or you should bring it in a thermal container. • Ensure your meal isn't messy so you don't spill • Do not eat in your costume • Bring snacks as well to sustain you throughout the day • There is no access to microwaves, fridges or cutlery.
Water	• Bring plenty of water. • Do not bring alcohol and especially do not drink alcohol before you go onstage.
Rest	• There is an hour break before the show. • If you will need rest a travel pillow can help. • Noise cancelling headphones can help if you need quiet or are overwhelmed by too much noise • Aim to sleep well the night before!!

Performance Day Call Sheet

Start time	End time	Duration (minutes)	Activity	Who is required
1pm	1.30pm	30	Pre-setup lights	BPAC technician
1.30pm			Access to theatre	Stage Manager, Sound Operator, Backstage Coordinator
1.30pm	2.00pm	30	Review cue sheets with Lighting Tech	Stage Manager, BPAC tech, Sound Operator
1.30pm	1.45pm	15	Dancers arrive and get settled	All dancers
2.00pm	2.20pm	20	Warm up	<Name> and Dancers
2.20pm	2.30pm	10	Dancers huddle	Stage Manager, teachers, Dancers
2.30pm	2.45pm	15	Change into costumes	All dancers
2.45pm	5.15pm	150 (2.5 hrs)	Full run through in costume	All dancers, crew, teachers/ choreographers
5.00pm	5.45pm	30	Setup snack bar and foyer	Front of house team
5.15pm	6.00pm	45	Break (dancers and crew)	
5.45pm	6.15pm	30	Front of house huddle	Front of house team
6pm			Dancers must be backstage	
6pm	6.45pm	45	Dancers change back into costume and touch up hair/makeup	
6.15pm		30	Foyer doors open	Front of house team
6.45pm			Theatre doors open	
7pm	9.30pm	150 (2.5 hrs)	Show starts	Everyone
9.30pm			Show ends	Everyone
9.30pm	9.45pm	15	Change into street clothes (can go out and see family/friends from audience)	Everyone
9.45pm	10.30pm	45	Packup and exit theatre	Everyone
10.45pm			Post show catch up (Holdfast Hotel) – optional of course	Everyone

Section 5: After Showcase

Costume returns

If you have borrowed a costume (from our collection or another dancer) or want to donate your costume to the studio collection:

- Clean the costume before you return it (handwash in cold water – check any labels for specific laundering advice, do not tumble dry, dry in the shade not full sun)
- Package up all costume items in a bag, label with your name, list all items included
- Costumes borrowed from our collection are to be placed on the reception desk (clearly labelled)
- Costumes borrowed from another dancer are to be returned directly to that dancer
- Do not leave costumes at the theatre
- Costumes should be returned by 1 December 2025.

Video and photos

- All performers will be sent an email with a link to the video (to either watch online or download) and photos.
- Photos will also be shared on our Facebook page. Dancers are welcome to share photos from the Facebook page, but should acknowledge the photographer Kevin Taylor, and that they are courtesy of Dragonfly Dance (@dragonflydanceadl on Facebook and Instagram).